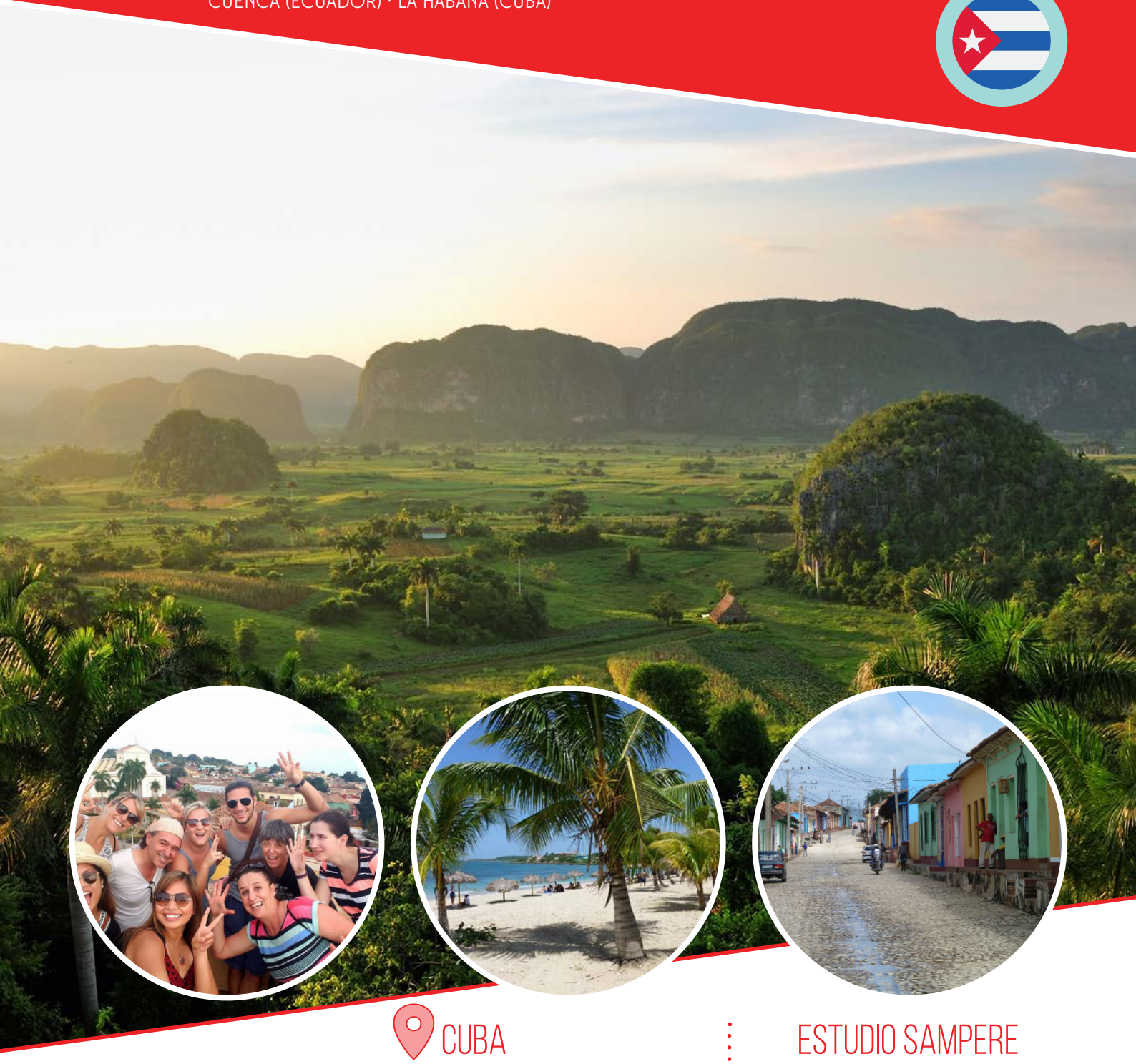
ESTUDIO Sampere

desde 1956

MADRID · SALAMANCA · ALICANTE (ESPAÑA)
CUENCA (ECUADOR) · LA HABANA (CUBA)

TRAVEL & STUDY IN CUBA
LA HABANA 2026



CUBA
THE SCHOOL

Estudio Sampere La Habana is located in a 3-story building in the pleasant residential neighborhood of La Vibora. The school has six classrooms, a spacious patio, a terrace, a dining room, a library and common areas. It has a friendly atmosphere, and the director and staff are Cubans who make up a professional and committed team.

70 AÑOS

ESTUDIO SAMPERE
CONTACT

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TRAVEL & STUDY PROGRAM

This is a 2-week program combining Spanish classes and travelling in Cuba. The first week offers an intensive course at Estudio Sampere La Habana. The second week involves travelling with a teacher/guide to the west and center of the island. The course allows you to learn Spanish and explore the landscape, cultural aspects and people of Cuba.

WEEK 1

Arrival at La Habana on the Sunday previous to the course starting date. Monday to Friday **Intensive Course** 25 lessons + cultural activities such as city tours. **The travelling** part begins on Friday morning, spending the weekend in the beautiful and historical region of **Viñales Valley**, famous for its tobacco farms.

Viñales (2 nights. Friday to Sunday)

Day 1

Trip to Viñales Valley on Friday, orientation and free time at the downtown of the village. Dinner and Viñales by night.

Day 2

On Saturday visits to Cueva del Indio, prehistoric mural, a tobacco farm (horseback riding as optional) and panoramic view point of the valley. Dinner and Viñales by night.

Day 3

On Sunday morning return to La Habana and overnight at homestay accommodation as on the first week.

The itinerary is subject to weather conditions.

WEEK 2

On Monday, departure to the **center of the island**, to **Cienfuegos**, **Trinidad** and **Santa Clara**. These cities have a wonderful array of Caribbean architecture and colonial heritage.

Cienfuegos (Monday)

Upon arrival to Cienfuegos there is a city tour that includes Parque José Martí, Teatro Tomás Terry (1889), Malecón, Punta Gorda and Palacio Valle. After this the trip continues to the city of Trinidad.

Trinidad (3 nights. Monday to Thursday)

Day 1

2 Spanish lessons + 2 cultural lessons that include City tour, Plaza Mayor, Museo de Historia. Dinner and Trinidad by night.

Day 2

2 Spanish lessons + 2 cultural lessons that include visits to Museo Romántico and Museo de Arquitectura. Valle de los Ingenios (Torre Manaca-Iznaga) and Ancón beach are optional. Dinner and Trinidad by night.

Santa Clara (1 night. Thursday to Friday)

Day 1

2 Spanish lessons + 2 cultural lessons that include city tour, Che Guevara Museum, Mausoleum and Revolution Square, Tren Blindado, Parque Vidal, Teatro La Caridad and Museo de Artes Decorativas. Dinner and Santa Clara by night.

Day 2

Return to La Habana in the morning. Lunch at the school and overnight at homestay.

PRICES

Individual Room.....€2,075
Double Room**.....€1,725
Enrollment Fee.....included
(**option only for friends or couples travelling together)

Included in the price: a week of an intensive course in La Habana along with an individual half-board homestay accommodation; private or public transportation to the mentioned destinations, individual half-board accommodation in guesthouses during the travelling part of the course, visits and entrance fees to activities.

Not included: personal expenses, optional activities on free days and lunch.

STARTING DATES 2026

JANUARY	11
FEBRUARY	8
MARCH	8
APRIL	12
MAY	4
JUNE	7
JULY	12
AUGUST	9
SEPTEMBER	13
OCTOBER	10
NOVEMBER	8
DECEMBER	13

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