

ESTUDIO  
*Sampere*

desde 1956

- EXPERTS IN SPANISH -

MADRID · SALAMANCA · ALICANTE (ESPAÑA)  
CUENCA (ECUADOR) · LA HABANA (CUBA)

# TRAVEL & STUDY IN CUBA LA HABANA 2023



## THE SCHOOL

Estudio Sampere La Habana is located in a 3-story building in the pleasant residential neighborhood, La Vibora. The school has six classrooms, a spacious patio, terrace, dining room, library, video room and common areas. The building also hosts an in-house residence with 3 rooms. It has a friendly atmosphere, and the director and staff are Cubans who make up a professional and committed team.

## ESTUDIO SAMPERE

### CONTACT

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## TRAVEL & STUDY PROGRAM

This is a 2-week program combining Spanish classes and travelling in Cuba. The first week offers an intensive course at Estudio Sampere La Habana. The second week involves travelling with a teacher to the west and center of the island. The course allows you to learn Spanish and explore the landscape, cultural aspects and people of Cuba.

### WEEK 1

Arrival at La Habana on the Sunday previous to the course starting date. Monday to Friday **Intensive Course** 25 lessons + cultural activities such as city tour, rum factory and cigar caves. **Travelling** part begins on Friday afternoon, spending the weekend in the beautiful and historical region of **Viñales Valley**, famous for its tobacco farms.

**Viñales** (2 nights. Friday to Sunday)

#### Day 1

Trip to Viñales Valley on Friday, orientation and free time at the downtown of the village.

#### Day 2

On Saturday visits to Cueva del Indio, prehistoric mural, Palenque, a tobacco farm and panoramic view point of the valley. In the evening, salsa sessions or disco music.

#### Day 3

The Sunday is free to join optional activities such as horse riding or excursion to Cayo Jutias beach. Return to La Habana in the evening and overnight at homestay accommodation as on the first week.

The itinerary is subject to weather conditions.

### WEEK 2

On Monday, departure to the **center of the island**, to **Cienfuegos**, **Trinidad** and **Santa Clara**, cities with Caribbean architecture and colonial heritage.

**Cienfuegos** (1 night. Monday to Tuesday)

2 Spanish classes + 2 cultural lessons such as city tour, Parque José Martí, Teatro Terry 1889, Malecón, Punta Gorda, Palacio Valle.

Optional activities: Cabaret, Casa de la Música

**Trinidad** (2 nights. Tuesday to Thursday)

#### Day 1

2 Spanish classes + 2 cultural lessons such as city tour, Plaza Mayor, Museo Histórico, Museo Romántico.

#### Day 2

2 Spanish classes + 2 cultural lessons such as Valle de los Ingenios, Torre Manaca-Iznaga

Optional: Ancón beach, Casa de la Trova, Disco night.

**Santa Clara** (1 night. Thursday to Friday)

2 Spanish classes + 2 cultural lessons such as city tour, Parque Vidal, Teatro La Caridad, Che Guevara Mausoleum, Tren Blindado and Club El Mejunje. Return to La Habana in the afternoon and overnight at homestay.

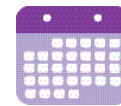


### PRICES

**Included** in the price: a week of an intensive course in La Habana along with an individual half-board family accommodation; private or public transportation to the mentioned destinations, individual half-board accommodation in private tourist homes during the travelling part of the course, visits and entrance fees to activities.

**Not included:** personal expenses, optional activities on free days and lunch.

**\*Contact us for more information.**



### DATES

**This program starts every 2 weeks.**